



# Ok, Go!

You will need a bowl in addition to yummy treats for this game.

1. Gently restrain your dog. Drop a piece of food in the bowl, say “OK, GO” and then let your dog get the piece of food. Repeat several times.
2. Cue your dog to sit, down, or stand. Drop a piece of food in the bowl and say “OK, GO,” releasing the dog to the bowl.
3. Add some excitement. Drop food in the bowl. Cue your dog to perform a controlled position. Then release the dog to the bowl with your “OK, GO” cue.
4. Begin to add new distractions. When you do, begin at level 1 again and proceed to levels 2 and 3.

*If your dog gets too excited, cover the bowl with your hand.*